

Interview crash course (4hr)

This course is designed to prepare students for both the traditional interview and the MMI. The intent of this course is to cover the most "high yield" questions and themes seen in the medical school interview. While the course is designed to prepare applicants who have limited time before their interview, it can also provide a framework which students can use to guide further interview preparation. As such, this course is also suited to applicants who may have time on hand, but do not know where to begin.

Our crash course is run by 2 consultants (medical students/residents) and is limited to 3-6 participants. The aim of this cap is to provide a small group/ seminar style learning experience, akin to the problem-based learning (PBL) format used in medical school. Our crash course is meant to be intensive, interactive, and imminently useful. There will be limited time for short breaks during the session. Participants are of course welcome to ask questions at any time.

In general, 3.5 hours are dedicated to interview consulting, with 0.5 hours left for any final questions and further feedback. The first 2 to 2.5 hours are used to discuss the traditional/panel interview and its variations such as the MPI. Consultants will start by discussing themes and their general approach in a didactic fashion, and then quickly switch to an interactive format. Common questions will be discussed covering each major theme and 1-2 students will be asked to answer each question. Participants will receive immediate feedback, both by consultants and their fellow applicants. Much effort will be focused on how applicants can create unique answers within the framework of what is generally deemed "acceptable" during an interview. It is suggested that applicants bring their CV and autobiographical sketch along with them to brainstorm if required. Each participant in the course can expect to answer about 2-3 questions in front of the group.

The third hour will be used to discuss the MMI and simulate 4 MMI stations. Each applicant will have the chance to participate in at least 1 MMI station (certain scenarios involve teamwork, communication, etc and hence involve more than 1 applicant). Each station will be immediately reviewed and discussed as a group.

Finally, consultants will discuss where applicants can go from here in terms of their preparation and open the floor to questions. Each applicant will also receive 5-10 minutes of customized 1:1 feedback from 1 consultant based on their performance throughout the course. This will help participants determine where they stand relative to other applicants, and hence guide the amount of further preparation they require.