

Case study #1: Research year

Academics

 School: Richard Ivey School of Business, Western University

Program: HBAGPA: 3.60-3.79

MCAT: 11(V), 11(P), 11(B), R(W)

Extracurriculars

Research: none

- Hospital volunteering x 2 months in 4th year of undergraduate studies
- Summer work experience at Royal Bank of Canada and University Health Network
- Writer for school business review

Goals

- Medical school admission in Canada
- Previously applied to 5 schools in Ontario and 2 out of province schools, no interviews

Diagnosis

 Adequate GPA, good MCAT, below-average extracurriculars.
Somewhat non-traditional applicant with undergraduate business degree.

Plan

• Research year on graduation from HBA to increase extracurricular experiences.

Approach

- This student only decided to pursue medicine late during her 3rd year of university. As she was in a business program and not on the traditional "pre-med" track, she had relatively weak extracurriculars. She approached us after receiving no interview offers in March of her 4th undergraduate year.
- After a diagnostic appointment, our consultants determined that she was unable to adequately convince the admissions committee about her newfound passion to pursue medicine.
- Both the student and her consultant agreed that a research year would be more advantageous than other options such as a 5th year spent taking courses or a Master's degree.
- Doing research full time during the summer after graduation allowed the student to pursue a health systems research project with an MD she had met during her time as a Business Analyst at the University Health Network. This resulted in a publication in a peer-reviewed journal. In addition, she

spent time volunteering at the hospital and shadowing physicians

- She also volunteered on the Board of Directors with a community organization.
- MDconsultants provided intense assistance with personal statement preparation to tease out the answer to "Why medicine?"
- MDconsultants also provided assistance with referee selection to ensure a balance of MDs and non-MDs that could speak to various aspects of her application.

Result

- She received interviews at 2/5 schools
- She underwent 4 hours of interview prep with our consultants. This amount was deemed to be adequate since this was an applicant with an excellent understanding of the interview process.
- Accepted at Queen's and Western.
- Attended Western.
- She continues to be mentored by MDconsultants during medical school and is currently preparing for the residency match with our consultants.