

Case study #6: Weak extracurriculars

Academics

- School: University of Toronto
- GPA: 3.60-3.79
- Program: Human Biology
- MCAT: 9(V), 12(P), 12(B), P(W)

Extracurriculars

- Some background in research but no publications
- Hospital volunteering
- President of student social club on campus
- Intramural sports (ultimate Frisbee)

Goals

• Medical school admission, applied previously x1 in Ontario with no interviews.

Diagnosis

Moderate GPA, moderate MCAT, weak extra-curriculars

Plan

• Focus on boosting extracurriculars with the aim of maximizing interview opportunities.

Approach

- Student approached us 8 months before the application due date. Given the weak extra-curricular profile, our consultant connected him with 2 separate research supervisors to get involved in research projects over the course of the summer. He was also connected with a physician mentor to gain clinical experience at an academic teaching hospital in Toronto. We also used our alliances with on-campus groups and advised him on participating in specific initiatives that would provide showcase his leadership skills.
- With added experiences in the 8 months preceding the application, the student was able to obtain strong references and also boost his personal essay and autobiographical sketch through additional experiences.
- He received 3/5 interviews in Ontario. We helped him with school specific interview preparation with 3 different consultants specializing in both the MMI and the traditional interview.

Result

- Received 2 admission offers and was placed on the waitlist for the 3rd school.
- Attended the University of Toronto medical school.

 Continues to be mentored by MDconsultants during medical school and is preparing for the CaRMS match with our consultants.